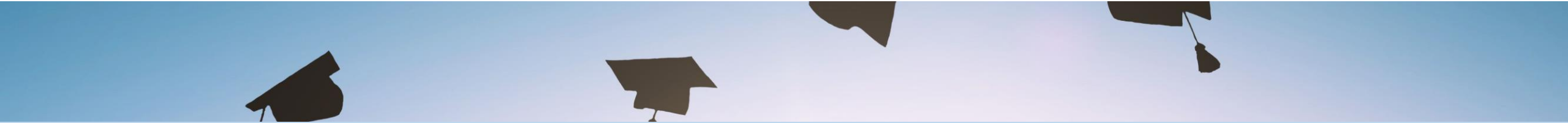




**AHEAD**

# **Enhancing Higher Education for World of Work**

## **An Emotionally Intelligent Nutrition Graduate**



The Department of Applied Nutrition (DAN) has won the competitive grant on a proposal submitted in the category of the ELTA-ELSE Departmental Projects under the World Bank 'AHEAD' grant in August 2019





**AHEAD**

# Enhancing Higher Education for World of Work

## An Emotionally Intelligent Nutrition Graduate



The Project spans across 5 major thematic areas

- Activity 1 ("Nutri-Cloud") To create supportive and inclusive learning environment for OBE-LCT
- Activity 2 ("Nutri-Well") To develop career related technical and socio-emotional skills of undergraduates
- Activity 3 ("Nu-Res") To strengthen the capacity of DAN to emerge as a food and nutrition research hub
- Activity 4 ("Nutri-Supp") To facilitate a conducive and holistic learning experience at DAN
- Activity 5 ("Glob-Link") To equip students with essential skills in English language for effective academics and workplace communications



AHEAD

# Enhancing Higher Education for World of Work

## An Emotionally Intelligent Nutrition Graduate

Here're our Project Coordinators who're working day and night to make this a success.  
Let's hear what they have to say...



Mrs. Thakshila Adikari  
Overall Coordinator and  
Coordinator Activity 2



"The Department submitted a proposal under the theme of ***Enhancing Higher Education for World of Work: An Emotionally Intelligent Nutrition Graduate*** for the Accelerating Higher Education Expansion and Development (AHEAD) project, a World Bank Funded Sri Lankan government operated project to support the higher education sector. It was successful under the category of ELTA – ELSE (ELTA; Enriching Learning, Teaching and Assessment, ELSE; English Language Skills Enhancement) of Department Development Project. The **grant was received on 28<sup>th</sup> of August 2019**. The overall objective of the Project is to strengthen academic and socio-emotional skills and English Language competency of the students to produce an emotionally intelligent nutrition graduate for employment. Five activities namely "Nutri-Cloud", "Nutri-Well", "Nu-Res", "Nutri-Supp" and "Glob-Link" were proposed with the view of resulting a globally employable nutrition graduate actively contributing to achieve good health and well-being for people which is one of the priority sustainable development goals to end malnutrition by 2030".

**"My role as the overall project coordinator is to achieve the successful outcomes for the objectives of the project by working as a term with all the Activity coordinators representing DAN".**





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Overall Coordinator and  
Coordinator Activity 2



"The goal of the Activity 2 (**"Nutri-Well"**) is **to develop career related technical and socio-emotional skills of undergraduates** by **exposing** them to **real life practice**. This will be achieved through the **"Nutrition and Wellness Center"** currently operating as a nutrition service provider at DAN by **upgrading to a center for teaching, learning and assessment in nutrition and dietetics**.

The teaching, learning and assessment in practical sessions of all dietetic course modules will be gradually amalgamated with center with the view of providing opportunity to students to observe how the registered dietitian/ nutritionist (RDN) manage patients/ clients and opportunity to do so in final year under the supervision of RDN. Variety of teaching and assessment methods will be utilized based on real life case management.

Further, The **center will expand its nutrition management services to village community** collaborating with Sandalankawa District hospital to facilitate health promotion. The students will have an opportunity to engage in activities such as nutrition screening, assessment, conducting nutrition intervention programs and monitoring the progress of individuals and community as a part of charitable service while obtaining hands on experience in nutrition care process".



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Dr. Kumari Rathnayake  
Coordinator Activities 1 & 3



"For the Activities 1 & 3 my goal is to create supportive and inclusive learning environment for OBE-LCT (**Nutri-Cloud**) and to strengthen the capacity of DAN to emerge as a food and nutrition research hub (**Nu-Res**). The "Nutri-Cloud" will be achieved through revisiting the curriculum and identifying opportunities to facilitate life-long learning. This will include embedding Authentic Learning and Assessment into the curriculum and capturing the evidences for student authentic learning experience via an ePortfolio. We believe this will provide opportunities to implement Work Integrated Learning (WIL) as a strategy to improve the graduate outcomes.

**"Nu-Res"** will focus on enhancing students research capabilities while strengthening the capacity of food and nutrition research, upgrading good clinical practices and lab safety measures to facilitate quality undergraduate research and contributing to solve real life problems of stakeholders via collaborative links through research bank. Thus, the proposed activity will assist to cater graduate profile by facilitating to reach higher order learning outcomes".





**AHEAD**

# Enhancing Higher Education for World of Work

## An Emotionally Intelligent Nutrition Graduate

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Let's hear what they have to say...



Dr. Thushanthi Perera  
Coordinator Activities 4 & 5



"As the Coordinator for the Activities 4 & 5, my goal is to create, facilitate and sustain a holistic and a conducive learning experience for students who are specializing in the DAN.

This will be achieved through enhancing and equipping the DAN staff with necessary mentoring and counselling training and skills to guide students academically and to provide necessary psychological support when needed.

I'll be assisting a streamlined learning support system along with the staff members of the DAN to establish a Peer Assisted Support System (PASS) to provide an academic supporting network within the student community to uplift academic performance and give our students a sense of social responsibility. As the final step of this Activity, we're expecting to strengthen the Department Alumni to facilitate career guidance to help our graduates achieve personal and intellectual autonomy to be successful in the world of work.

Activity 5 will solely focus on enhancing students language skills to help them transform into a Globally Employable Graduate who can be successful in the local as well as in the international setting".



**AHEAD**

# Enhancing Higher Education for World of Work

## An Emotionally Intelligent Nutrition Graduate

Here're our Project Coordinators who're working day and night to make this a success.  
Let's hear what they have to say...



Ms. Dilshi Perera  
Project Assistant



"This project aims to strengthen the academic and socio-emotional skills and English Language competency of the students to produce an emotionally intelligent nutrition graduate for the world of work. As the project team who are intensively dedicated to make it reality within deadlines and time schedules, we are delighted to utilize funds maximally to achieve the set objectives.

As the project Assistant I will work in close collaboration with project operations, manage communications and other team members in the OTS office for effective achievement and fully compliance with AHEAD programming, financial, procurement and administrative rules, regulations, policies and strategies as well as the implementation of the effective internal control systems. So far we have done all the initial documentations and paper works of the project. All the procurements are ongoing. Further we expect to achieve our objectives during the time with competitive advantage of DAN and its unique people skills and in near future AHEAD would become a wonderful "bridge" that will enhance DAN's capabilities to an international level".



## Meeting with the review team

Activity/ Sub-activity	Indicator	Baseline	End of year 1	End of year 2	End of year 3
Activity 5					
Improving competency in English Language skills to produce Globally employable graduates "Globe Leap"	Outcome Indicators				
	Number of students participating in GLE, showing an improved CEFR band score				
Related Sub-activities	Intermediate Outcome Indicators				
Extending "Globe Leap" to strengthen English Language competency for study and research	Number of workshops on academic writing	0	1	2	3
Establishing "Globe Leap" through WUSA	Number of job openings for graduates	0	0	1	1
Extending "Globe Leap" to strengthen English Language competency in preparing research for world of work	Number of students receiving international research award offer through "Globe Leap"	0%	10%	25%	35%



# Our Progress

Goods we have received so far...





# Our Progress

Workshops Under Activity 2: “How to Serve as a Role-Model and an Expert in the Nutrition and Dietetics Field in Real World of Work”

## Expected outcomes of the workshop;

- To aware about expected knowledge, skills and accountability in client handling that need to promote entrepreneurship skills and attitudes in nutrition service management system
- To be good nutrition service provider at the nutrition and dietetics field
- To empower undergraduates to start their own business to commercialize nutrition service

## Role of a clinical Dietitian

- As a Clinician
- As a Manager
- As a trainer
- As a lecturer
- As a counsellor
- As a researcher

**“SHARING THE KNOWLEDGE OF AN EXPERT”**

**“Howto serve as a role-model and an expert of Nutrition and Dietetics field in real world of work”**

**Online webinar VIA ZOOM**

Join Zoom Meeting:  
<https://learn.zoom.us/j/68053560157?pwd=eWhGY3kV2kseXJYbFJ6MzZMxYitxdz09>  
Meeting ID: 680 5356 0157  
Passcode: 1yi?Q1b&  
**JANUARY 5TH 2021**  
**FROM 1.30 PM TO 4.30 PM**

**Resource Person – Mrs. U. I. Dilki Supeshla Perera**  
Dietitian/Nutritionist Nawaloka Hospital, Negombo, Sri Lanka  
Registered Nutritionist (SL MC 48)  
Registered Dietitian (SL MC 30)  
Registered Pharmacist (SL MC 8902)  
Certified Fitness Trainer (ID916758)  
**All the 3rd year Applied Nutrition Specializing students of the faculty are warmly welcomed to the event**  
Organized by the Department of Applied Nutrition under AHEAD ELTA ELSE Project





# Our Progress

Under Activity 2: “Integration of the ‘Nutrition Wellness Center’ for teaching and learning of a dietetic course module (Medical Nutrition Therapy course)”





# Our Progress

## Under Activity 2 : Newly Refurbished Nutrition Wellness Center





# Our Progress

## Workshops Under Activity 3: “Lifelong Learning through Authentic Learning and Assessment”





# Our Progress


Newly Constructed Nutri-Hub Under Activity 4





# Our Progress

## Workshops Under Activity 5: "Academic Writing"



**"WRITE LIKE IT MATTERS AND IT WILL"**  
-LIBBA BRAY-

ONLINE WEBINAR ON ACADEMIC WRITING FOR FINAL YEAR STUDENTS OF THE DEPARTMENT OF APPLIED NUTRITION

SAVE THE DATE: 10<sup>th</sup> JANUARY 2021 (SUNDAY)  
FROM 10-11.30 AM

**RESOURCE PERSON:** Ms. Shalini Abayasekara  
Lecturer (Probationary)  
Department of English  
University of Colombo

**Via Zoom**  
<https://learn.zoom.us/j/65511503588?pwd=QUlWWDYxRzJPd0dmODRHRi9KQjVlQT09>  
Passcode: Bqb3GJIG  
Meeting ID: 655 1150 3588

Organized by-  
THE DEPARTMENT OF APPLIED NUTRITION UNDER THE ELTA-ELSE AHEAD GRANT

**FLFN**  
Faculty of Livestock  
Fisheries & Nutrition

**AHEAD**



**"A WORD AFTER A WORD AFTER  
A WORD IS POWER."**  
-Margaret Atwood-

ONLINE WEBINAR ON ACADEMIC WRITING  
FOR THIRD YEAR STUDENTS  
OF THE DEPARTMENT OF APPLIED NUTRITION

Save the Date: 20<sup>th</sup> January 2021 (Wednesday) from 4-5.30 pm

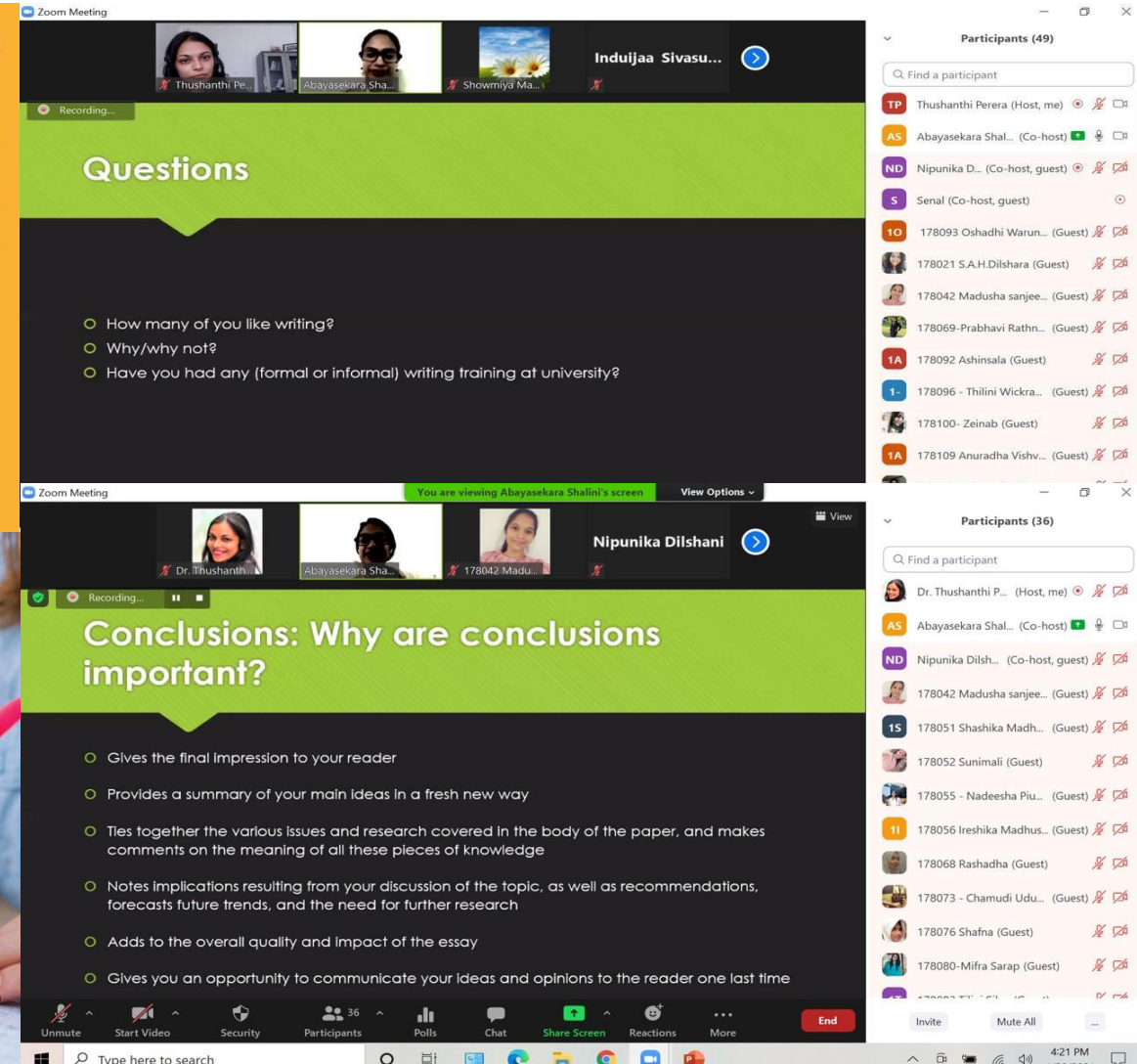
**Resource Person:**  
Ms. Shalini Abayasekara  
Lecturer (Probationary)  
Department of English  
University of Colombo

**Via Zoom**  
Zoom link: <https://learn.zoom.us/j/61826971546?pwd=V25TTUk4VWhta1c1Sn11aHlxNlJXQT09>  
Meeting ID: 618 2697 1546  
Passcode: icIESD7T

Organized by the Department of Applied Nutrition under the ELTA-ELSE AHEAD Grant

**FLFN**  
Faculty of Livestock  
Fisheries & Nutrition

**AHEAD**



Zoom Meeting

Recording...

Questions

- How many of you like writing?
- Why/why not?
- Have you had any (formal or informal) writing training at university?

Participants (49)

Find a participant

- Thushanthi Perera (Host, me)
- Abayasekara Sha... (Co-host)
- Nipunika D... (Co-host, guest)
- Senal (Co-host, guest)
- 178093 Oshadhi Warun... (Guest)
- 178021 S.A.H.Dilshara (Guest)
- 178042 Madusha sanjee... (Guest)
- 178069-Prabhavi Rathn... (Guest)
- 178092 Ashinsala (Guest)
- 178096 - Thilini Wickra... (Guest)
- 178100- Zeinab (Guest)
- 178109 Anuradha Vishv... (Guest)

Zoom Meeting

You are viewing Abayasekara Shalini's screen

View Options

Conclusions: Why are conclusions important?

- Gives the final impression to your reader
- Provides a summary of your main ideas in a fresh new way
- Ties together the various issues and research covered in the body of the paper, and makes comments on the meaning of all these pieces of knowledge
- Notes implications resulting from your discussion of the topic, as well as recommendations, forecasts future trends, and the need for further research
- Adds to the overall quality and impact of the essay
- Gives you an opportunity to communicate your ideas and opinions to the reader one last time

Participants (36)

Find a participant

- Dr. Thushanthi P... (Host, me)
- Abayasekara Sha... (Co-host)
- Nipunika Dilsh... (Co-host, guest)
- 178042 Madusha sanjee... (Guest)
- 178051 Shashika Madh... (Guest)
- 178052 Sunimali (Guest)
- 178055 - Nadeesha Piu... (Guest)
- 178056 Ireshika Madhus... (Guest)
- 178068 Rashadha (Guest)
- 178073 - Chamudi Udu... (Guest)
- 178076 Shafna (Guest)
- 178080-Mifra Sarap (Guest)

Unmute Start Video Security Participants Polls Chat Share Screen Reactions More End

Type here to search

4:21 PM  
1/20/2021