

Herbal Teas in Disease Prevention

This project focuses on bioactive components in herbal teas that can potentially prevent or manage type 2 diabetes. A battery of techniques will be used for measuring antioxidants in herbal teas.

Can we follow these throughout processing and consumption?

**You bet!
That is the whole
idea!**



Plasma antioxidant capacity and glycemic response of herbal teas in healthy and hyperglycemic individuals

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