

Diabetes Self Management Education (DSME) for Proper Glycaemic Control

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Knowledge on diabetes self-management is vital in achieving the proper glycaemic control of diabetics. Hence, this particular study is intended to assess the knowledge and perceptions of the diabetes on DSME and develop materials to promote DSME. Impact of the materials will be assessed through a clinical trial.

“We hope that the developed education materials will assist the DSME team at Public Clinics in improving the glycaemic control and thereby the diabetes related comorbidities”.



Dr Harshi Gunawardena



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