

“NutriCa” Arts Competition 2020



**The Nutrition Society of Sri Lanka
with Ministry of Education**



The “NutriCa” arts competition will be conducted by The Nutrition Society of Sri Lanka (NSSL) in collaboration with the Ministry of Education (MOE). Nutrition is an important aspect of human life. Aim of this art competition is to make the school children aware of the value of mindful eating for a healthy life.

THEME: “Mindful eating for a healthy nation”

The competition is open **for school children** under following categories.

Category I: Grade 1 to 5

Category II: Grade 6 to 9

Category III: Grade 10 to 13

A Certificates & a Prize (gift pack) for Winners

1st place (Rs.6000.00 worth prize)

2nd place (Rs. 4500.00 worth prize)

3rd places (Rs.3500.00 worth prize)

10 merit places (Rs.2000.00 worth prizes)

Winning paintings will be published in the NSSL and MOE websites and their publications.

Guidelines, terms and conditions

- ✚ Artists should use A3 (11.7 x 16.5 inches) size drawing paper. Allowed painting media; pastel, water colours, poster colours and oil paints. **Digital drawings and collage arts will not be accepted.** All paintings should be under the theme of “Mindful eating for a healthy nation”.
- ✚ Following details should be included at the backside of the painting: title of your painting, full name, date of birth, age, personal address, telephone numbers, category, school and grade, the signature of a parent/guardian/class teacher/school principal to certify the authenticity of your painting.
- ✚ Please send a **scanned copy** (colour) or **high quality photograph** (unedited) of your painting including the backside of the painting to sl.nutritionociety@gmail.com **on or before 31st July 2020.**
- ✚ **Winners will be notified to send their hard copy of the painting later.** Please contact **Ms. Hasanga Rathnayake**, Council member of NSSL through **071 815 4005 or 077 912 0130** for more details.

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